

Dear Parents/Guardians:

The Wayoata School Community Council is organizing the following lunch for students:

Supplier: **Subway**  
Orders Due: **October 11, 2022 (Day 6)**  
Date of Lunch: **October 20, 2022 (Day 1)**



- When submitting your order, please remember:
- Lunch orders and payment (cheques made payable to Wayoata School) need to be submitted in an envelope, labeled "Hot Lunch", with your child's name and teacher.
  - Payment for siblings can be made together, but please submit a separate order form for each student as the orders are organized by classroom.
  - For those students who stay for lunch occasionally, \$1.00 will be deducted from their lunch program balance.
  - Please remember that as with any lunch hour, due to safety concerns, only paid lunch supervisors will be allowed in the classrooms after the hot lunch is distributed.

**FOR KINDERGARTEN STUDENTS WHO ATTEND THE CANTERBURY PARK BEFORE AND AFTER PROGRAM:**

- The lunch will be delivered to the Before and After school age program during the lunch hour for the students.
- If you would like to order this lunch for your child, please complete the order form below and return it your child's classroom teacher by the due date indicated. **Do not submit the orders to the Before and After School Age Program as the Wayoata School Community Council is organizing this event.**

**Thank you for supporting the efforts of the WSCC!**

*Our school is concerned about the health and welfare of all our students. Please note that we cannot guarantee that this lunch option is allergy free. We have spoken to the provider and they have indicated that they have not used nuts, peanut butter or peanut oil in this lunch. However, if your child has an allergy we encourage you to use this information to make the most appropriate decision for your child. Additionally, please note that RETSD policy states that it is the responsibility of students with life threatening allergies to only eat food provided from home and not purchase food products from school.*

<b>Subway</b>		All meal orders are \$7.00 and include a snack, a juice box and one item chosen from the list below. A second sandwich is \$5.00.	
Quantity	Cost	Description	Toppings/Veggies (ONLY these toppings are available)
		6" Cold Cut Combo Sub	<input type="checkbox"/> none <input type="checkbox"/> cheese <input type="checkbox"/> pickles <input type="checkbox"/> mayo <input type="checkbox"/> lettuce <input type="checkbox"/> tomato
		6" Ham Sub	<input type="checkbox"/> none <input type="checkbox"/> cheese <input type="checkbox"/> pickles <input type="checkbox"/> mayo <input type="checkbox"/> lettuce <input type="checkbox"/> tomato
		6" Pizza Sub	<input type="checkbox"/> none <input type="checkbox"/> cheese <input type="checkbox"/> pickles <input type="checkbox"/> mayo <input type="checkbox"/> lettuce <input type="checkbox"/> tomato
		6" Turkey Sub	<input type="checkbox"/> none <input type="checkbox"/> cheese <input type="checkbox"/> pickles <input type="checkbox"/> mayo <input type="checkbox"/> lettuce <input type="checkbox"/> tomato
		6" Veggie Sub	<input type="checkbox"/> none <input type="checkbox"/> cheese <input type="checkbox"/> pickles <input type="checkbox"/> mayo <input type="checkbox"/> lettuce <input type="checkbox"/> tomato
		Additional 6" Sub	<input type="checkbox"/> _____ (choose one from list above) <input type="checkbox"/> none <input type="checkbox"/> cheese <input type="checkbox"/> pickles <input type="checkbox"/> mayo <input type="checkbox"/> lettuce <input type="checkbox"/> tomato <u>Please note that other sandwiches/breads/toppings are not available</u>
Total		<input type="checkbox"/> Payment Enclosed	<ul style="list-style-type: none"><li>• Cheques made payable to Wayoata School.</li><li>• Please send EXACT payment as change will not be provided. Any 'extra' money received will be considered a donation to the WSCC.</li></ul>

**PLEASE CHECK HERE:**

☐ I understand that if my child is absent on this day, non-perishable food items (snack and drink) will be given to my child when they return to school, but the 'perishable/main' item will be disposed of unless I have made arrangements with the school office to pick up the lunch after 12:00 the same day as the scheduled hot lunch day.

Child's Name: \_\_\_\_\_

Teacher's Name: \_\_\_\_\_ Room # \_\_\_\_\_

Wayoata School makes every effort to ensure a safe environment for all students, including those with life- threatening allergies. We have provided a list of the food being offered for hot lunch. To be confident you are getting accurate allergen information, please review the ingredient list\* prior to ordering. Please note that we cannot guarantee that this lunch option is allergen free. We have spoken to the food service provider and they have indicated that they have not used peanut/tree nut-containing products in this lunch item. However, if your child has an allergy we encourage you to use this information to make the most appropriate decision for your child. This may mean providing food from home.

**SUBWAY CANADA PRODUCT INGREDIENT LIST**  
**(Taken from Subway Nutrition Guide Revised October 2022)**

**ARTISAN ITALIAN BREAD**-enriched flour (wheat flour, Malted barley, niacin, iron, thiamine, mononitrate, riboflavin, folic acid), water, yeast, sugar, Contains 2% or less of: Wheat gluten, Wheat Sourdough (cultured wheat flour, Natural flavour), salt, Palm oil, Cultured wheat flour, sunflower lecithin, enzymes, ascorbic acid, soybean oil. **Contains Wheat.**

**COLD CUT COMBO MEATS Bologna**-pork, chicken, water, modified corn starch, salt, potassium lactate, modified milk ingredients, sodium phosphate, spice, sodium erythorbate, sodium diacetate, sodium nitrite, garlic powder, smoke. **Cooked Salami**-pork, chicken, water, salt, potassium lactate, spice, sugar, sodium phosphate, sodium erythorbate, garlic powder, sodium diacetate, sodium nitrite, smoke. **Smoked Luncheon Meat**-pork, water, modified corn starch, salt, potassium lactate, sugar, spice, sodium phosphate, onion powder, sodium erythorbate, garlic powder, sodium diacetate, sodium nitrite, smoke. **Contains: Milk And Mustard**

**HAM, BLACK FOREST**-pork, water, rice starch, sugars (sugar, dextrose), salt, vinegar, sodium phosphate, dehydrated pork broth, carrageenan, sodium erythorbate, sodium nitrite, smoke.

**PIZZA PEPPERONI**-pork, beef, salt, water, sugar (dextrose, corn syrup), mustard, spices, flavourings, paprika, oleoresin of paprika, sodium erythorbate, bacterial culture, sodium, nitrite **Contains: Mustard**

**PIZZA MARINARA SAUCE**-tomato puree (water, tomato paste), diced tomatoes (tomatoes, tomato juice, citric acid, calcium chloride), sugar, seasoning blend (modified corn starch, onion powder, herbs and spices, salt), soybean oil, salt, citric acid

**TURKEY BREAST**-turkey breast, water, modified potato starch, salt, sugar, vinegar, carrageenan, potassium chloride, sodium phosphate, dehydrated turkey broth, flavour, smoke

**PICKLES**-cucumbers, water, distilled vinegar, salt, sodium benzoate (preservative), calcium chloride, alum, natural flavours, polysorbate 80 and turmeric.

**LETTUCE**-fresh iceberg variety

**TOMATOES**-fresh red ripe tomatoes

**CHEDDAR CHEESE, PROCESSED**-cheese (milk, modified milk ingredients, cream, bacterial culture, salt, rennet and/or microbial enzyme, calcium chloride, lipase, sorbic acid), modified milk ingredients, water, glucose, sodium citrate and/or sodium phosphate, salt, sorbic acid, soy lecithin (for slice preparation), citric acid, acetic acid, carboxymethylcellulose. **Contains: Milk and Soy**

**MAYONNAISE, REGULAR**-soybean oil, water, liquid egg mix yolks, vinegar, salt, sugar, liquid whole eggs, spices, concentrated lemon juice, calcium disodium EDTA. **Contains: Egg And Mustard.**

Retrieved on January 24, 2022 at <https://www.subway.com/~media/canada/documents/.../canprodingredients.pdf>

**HOT LUNCH SNACK PRODUCT INGREDIENT LIST**  
**The snack/drink provided on ‘hot lunch’ days will be one of the following items:**

**KELLOGG’S RICE KRISPIE SQUARES**-cereal (rice, sugar, salt, corn and barley malt extract, monoglycerides, vitamins [niacinamide, folic acid] iron, colour), marshmallow (corn syrup, sugar, gelatin, natural and artificial flavour), fructose, soybean and palm oil shortening, corn syrup solids, glycerin, dextrose, salt, natural and artificial flavour ( contains milk), acetylated tartaric acid esters of mono- and diglycerides, acetylated monoglycerides, BHT **Contains Barley and Milk Ingredients**

Retrieved on January 27, 2022 at [Rice Krispies Squares\\* Original Cereal Bars | Kellogg's Canada \(kelloggs.ca\)](#)

**LAYS CLASSIC**- specially Selected Potatoes, Vegetable Oil, Salt

Retrieved on January 27, 2022 at [Lays -LAY’S CLASSIC® Potato Chips | Tasty Rewards](#)

**LAYS KETCHUP**-specially selected potatoes, vegetable oil, seasoning (sugar, salt, milk ingredients, dehydrated vegetables [tomato, garlic, onion]. monosodium glutamate, sodium acetate, corn maltodextrin, acetic acid, natural and artificial flavour, dextrose, malic acid, citric acid. colour, modified corn starch, spices, vinegar solids, disodium inosinate, disodium guanylate). **Contains Milk Ingredients**

Retrieved on January 27, 2022 at [Lays -LAY’S® Ketchup Flavoured Potato Chips | Tasty Rewards](#)

**DORITOS**-selected corn, vegetable oil, seasoning (corn maltodextrin, salt, cheddar cheese, whey, monosodium glutamate, buttermilk, romano cheese, whey protein concentrate, onion powder, vegetable oil, corn flour, natural and artificial flavour, dextrose, tomato powder, lactose, spices, colour, lactic acid, citric acid, sugar, garlic powder, skim milk, red and green bell pepper powder, disodium inosinate, disodium guanylate), calcium hydroxide **Contains Milk Ingredients**

Retrieved on January 27, 2022 at [Doritos - DORITOS® Nacho Cheese Flavoured Tortilla Chips | Tasty Rewards](#)

**CHEETOS**-enriched cornmeal (cornmeal, iron, niacin, thiamine, riboflavin, folic acid), vegetable oil, seasoning (whey, cheddar cheese, vegetable oil, corn maltodextrin, natural and artificial flavours, (whey protein concentrate, monosodium glutamate, lactic acid, citric acid, colour), salt. **Contains Milk Ingredients**

Retrieved on January 27, 2022 at [Cheetos - CHEETOS® Puffs Cheese Flavoured Snacks | Tasty Rewards](#)

**RUFFLES-ALL DRESSED** specially selected potatoes, vegetable oil, seasoning (corn maltodextrin, sugar, salt, sodium acetate, dextrose, yeast, potassium chloride, acetic acid, monosodium glutamate, spices, natural flavour, malic acid, paprika extracts, dehydrated garlic, dehydrated onion, disodium inosinate, disodium guanylate).

Retrieved on January 27, 2022 at [Ruffles - RUFFLES® Regular Potato Chips | Tasty Rewards](#)

**QUAKER CHEWY CHOCOLATE CHIP GRANOLA BAR**-granola (quaker rolled oats, rolled whole wheat, brown sugar, barley flakes, sunflower oil, inulin, honey, natural flavour, modified milk ingredients), glucose, chocolate chips (sugar, chocolate liquor, cocoa butter, soy lecithin, salt, vanillin), whole grain brown rice crisps (whole grain brown rice flour, sugar, barley malt, salt, mixed tocopherols), glycerin, shortening (canola oil, modified palm and palm kernel oils), brown sugar, sorbitol, inulin, salt, natural and artificial flavour, soy lecithin, BHT(preservative).

Retrieved on January 27, 2022 at [Quaker - Quaker Chewy® Granola Bars - Chocolate Chip | Tasty Rewards](#)

**KIRKLAND SIGNATURE SOFT AND CHEWY GRANOLA BAR**-Granola (whole rolled oats, sugar, canola oil [canola oil, ascorbic acid, natural flavour], fancy molasses, sodium bicarbonate, soy lecithin, sugars (glucose, sugar, fructose), semi-sweet chocolate chips (chocolate liquor, sugar, soy, lecithin, vanilla extract), crisp rice (rice flour, sugar, calcium carbonate, barley, malt extract[corn syrup solids, barley malt extract], salt), canola oil (canola oil, ascorbic acid, natural flavour), glycerin, dried unsweetened coconut, soy lecithin, natural flavour, salt, wheat flakes, modified milk ingredients. **Contains Barley, Milk, Oats, Soy, Wheat**

**HOT LUNCH DRINK PRODUCT INGREDIENT LIST**  
**The drink provided on ‘hot lunch’ days will be one of the following items:**

**SUN RYPE JUICE BOX-PURE APPLE JUICE**-apple juice made from fresh apples, vitamin c.

Retrieved January 27, 2022 at [SunRype Pure Apple Juice](#)

**KOOL-AID JAMMERS-FRUIT PUNCH CLEAR or BERRY**-water, sugar, citric acid, stevia leaf extract, natural flavour

Retrieved January 27, 2022 at [Kool-Aid Clear Fruit Punch Jammers | Walmart Canada](#) and [Kool-Aid Clear Berry | Walmart Canada](#)