# FIND YOUR PLACE AT KEC

Clubs and Spaces

11/20/2023

#### TAKE A MOMENT TO TALK IN YOUR TA

- What clubs do you go to?
- Where do you go at lunch?
- Where do you go for spares?

## GUITAR ENSEMBLE

Mondays at lunch in room 134

With Ms. Isaac Martens



# MODEL UNITED NATIONS ASSEMBLY (MUNA)

Twice a month in room 201

With Mr. Hanson



## CAR SHOW VOLUNTEERS

Meets before the car show in the spring See Mr. Stevens



# Q & A (QUEERS AND ALLIES)

Fridays in Room 201 at lunch

With Ms. Brereton and Mr. Hanson



11/20/2023

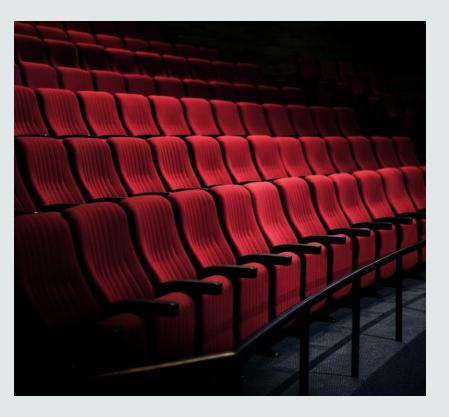
### POETRY IN VOICE

Starts in December in the Theatre with Ms. Francis



### IMPROV GROUP

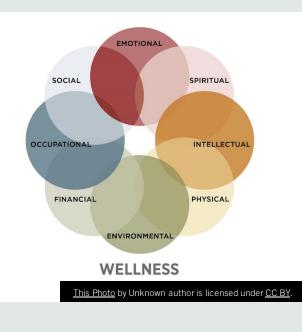
Second Semester in the Theatre with Ms. Francis



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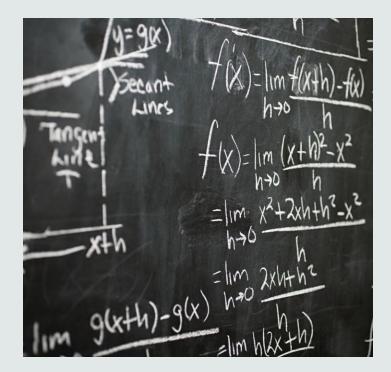
## MENTAL WELLNESS

Wednesdays at lunch in room A5 with Ms Sands



#### MATH AND SCIENCE HELP

- Room 111 Tuesdays at lunch
- Ms. Grewal and Mr. Krish



### CANOE TRIP



See Mr. Guspodarchuk, Mr. Buckinx or Ms. Sands

### WRITING ROOM

See Ms.Kraus

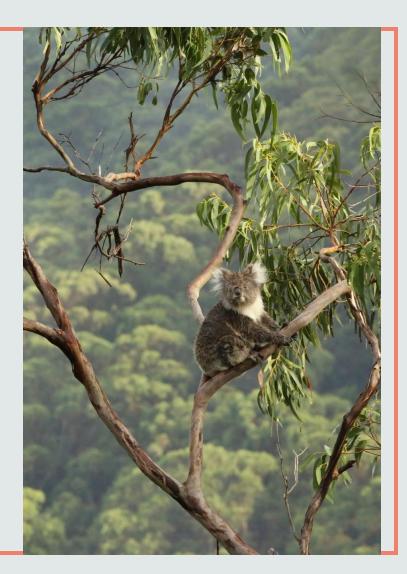
Starting soon in room 201 at lunch



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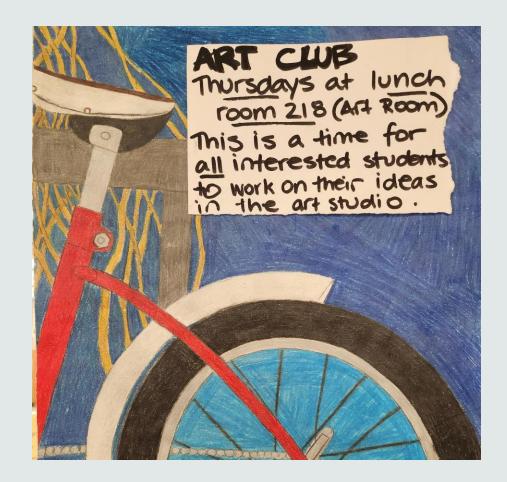
# WILDERNESS / OUTDOOR LEARNING

See Mr. Giasson

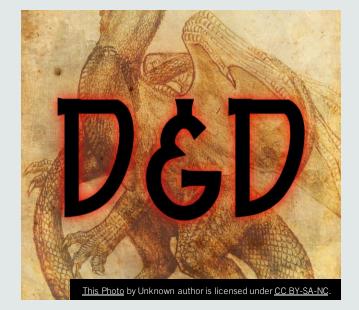


### **ART CLUB**

Room 218 Thursdays at lunch with Ms. Land Diaz



# DUNGEONS AND DRAGONS

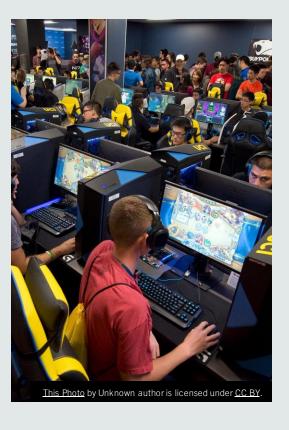


Wednesdays and Fridays at lunch in 215 and 216A

### ESPORTS

Lunch and after school

See Mr. Sun



#### MATH CONTESTS



See Ms. Blais or Ms. Sidhu

11/20/2023

#### LEADERSHIP

See Ms. Thomas or Ms. Redekopp



## DANCE COMPANY/ VARSITY DANCE

See Ms. Thomas



#### HISPANIC CLUB



Thursdays at lunch

See Ms. Morrison

#### CULTURAL DANCE

• See Ms. Sidhu or Ms. Thomas





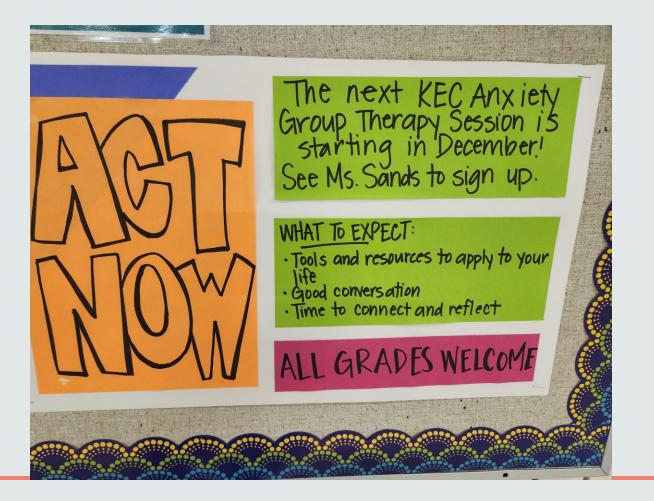


See Mr. Gower

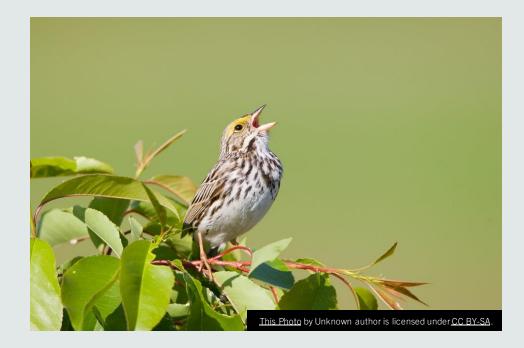
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#### ACT NOW

 Coming in December- see Ms. Sands



# RESONANCE VOCAL/ BAND GROUP



Wednesdays 3:15-4:30 in the music room with Ms. Isaac Martens

### CAREER FAIR

- Coming soon November 23 from 4-7
- See Ms. Sands



## THE PROBLEMATIC PRODEGIES

- Problem Solving Club
- Thursdays at lunch in room 212
- Ms Blais & Ms Sidhu



## EXPRESSIVE ARTS FOR NEWCOMERS

 Mondays in the Music room pd 5 with Ms. Sands



#### ANIME CLUB

• Tuesdays and Thursdays at lunch in 216A



#### Intramurals

- Currently basketball intramurals running Monday, Wednesday, Friday
- Tuesday/ Thursday is free time (volleyball, basketball, badminton/soccer)
- Intramurals will rotate as the year progresses, all ages and skills levels are encouraged to participate
- If you have questions please speak to Zborowsky, Park or Catellier in the gym



### COMPLETED KEC SPORTS & ATHLETICS

#### <u>Golf</u>

- Team had competed at KPAC championships back in September. Team is looking at running into a spring season as well
- See Mr. Didyk for more information

#### Cross Country

- KPAC competition ran in September & October
- All were welcome as there were multiple racing categories
- See Mr. Lindsay & Ms. Wilgosh for more information

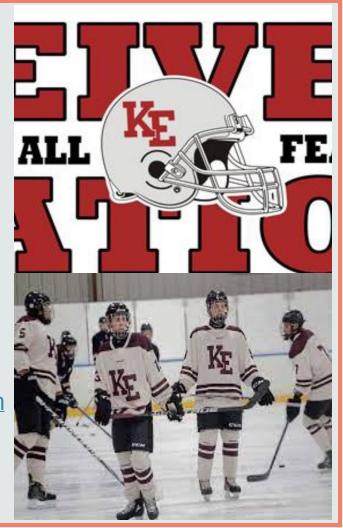


#### Football

- Season is finished but there will be spring training will begin in the new year. All ages are welcome!
- For any information please see Mr. Hawkins, Mr. Van Dijk's, Mr. Ragbirsingh

#### <u>Hockey</u>

- Season is underway. You can find schedule @ www.winnipeghshl.com
- See Ms. Gordon or Mr. Friesen for more info



### CURRENT KEC SPORTS & ATHLETICS

#### <u>Volleyball</u>

- Teams have been formed for the year and are completing current seasons.
  JV & Varsity levels)
- Check keephysed Instagram for list of remaining games to come cheer on your Reivers.
- See Mr. Gradt, Ms. Catellier, Ms. Park for more information

#### <u>Curling</u>

- Team has been formed and under way since start of November
- See Ms. Lobban- Klassen for more info





#### Basketball

- Tryouts are happening now and some teams will have their tryouts soon
- Check keephysed Instagram for list of home games to come cheer on your Reivers.
  <u>Indoor Track & Field</u>
- All are welcome! Practices will begin in January and run until the meet in March.
- Events include sprint and longer distance track running and shotput, high jump, and long jump.
- See Mr. Lindsay & Ms. Bergal for more information.



#### **Badminton**

- Tryouts for all age levels will begin end of February/Early March and will r until KPAC championships end of April.
- See Mr. Denysiuk & Mr. Still for more information.

#### <u>Soccer</u>

- Tryouts will begin end of March/ April and will run until Mid- End of June
- See Mr. Collier & Mr. White for more information.

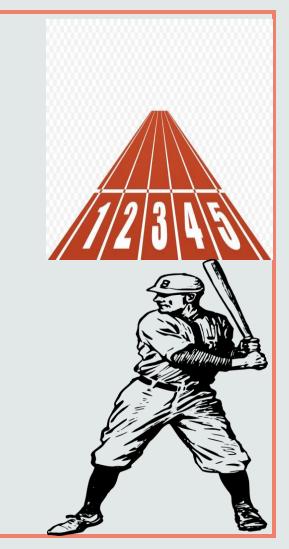


#### Outdoor Track

- All are welcome! Practices will begin in April and run until the meets at the end of May, early June.
- Events include sprint and longer distance track running and shotput, discus, javelin, high jump, and long jump.
- See Mr. Lindsay & Ms. Bergal for more information.

#### Baseball

- Season runs May and June
- More info on announcements closer to date



# INDIGENOUS Learning space

Room 139 is open all day for people to drop in and do homework, relax, & learn beading and other crafts to name a few things.

Snacks are also available to people who participate in the rooms programs.

Ms Jordanna Barron is here for the day to support students. Ms. Armstrong is also here. The room is open for drop in every period except period 5. We close the room at 3:00.





## SPARES- WHERE YOU CAN GO



The Library

## SPARES- WHERE YOU CAN GO

The Caf



## COMING SOON: ON TIME AND READY HALLWAY BLITZ

- You know there's lots of great clubs and sports.
- There is a hallway blitz for ATTENDANCE coming soon!
- There will be a chance to win prizes when you are on time and ready for your classes starting November 27 – watch for the announcements!



#### TAKE A MOMENT TO TALK IN YOUR TA

- What else are you thinking of joining?
- Where will you go?
- What clubs or groups would you like to see still here at KEC?
- Make a point of finding a space for spare or lunch or a club where you can be once a week or more!
- Fill out the form here for your TA: <u>https://forms.office.com/r/1dVpZm0W2B</u>