



2025 – 2026 BERNIE WOLFE COMMUNITY SCHOOL

DAY PROGRAM SCHEDULE	
Wednesday October 22	FIRST ON-ICE HOCKEY DAY
Wednesday December 10	Last On-Ice session before Winter Break
Wednesday January 7	First On-Ice session for 2026
Wednesday April 29	LAST ON-ICE HOCKEY DAY

AFTER-SCHOOL PROGRAM SCHEDULE	
November 3:30-4:00	PRE-SEASON WJHA STAFF TEACHER MEET PURPOSE: After School Format, Curriculum Outline and School Set Up
WEEK 1 November 20	Welcome Class INSTRUCTION: Afterschool introductions, rules, and expectations Meal: Pizza
WEEK 2 November 27	Floorball Rules INSTRUCTION: Introduction to floorball and floorball rules
WEEK 3 December 4	Emotion & Behaviour INSTRUCTION: Understanding our emotions and how they can impact our behaviour at hockey
WEEK 4 December 11	Personal Hygiene INSTRUCTION: Discuss aspect of personal hygiene and hygiene in hockey,
	Winter Break
WEEK 5 January 8	My Healthy Plate INSTRUCTION: Nutrition and preparing healthy well-balanced meals.
WEEK 6 January 15	Kindness Rocks INSTRUCTION: Random Acts of Kindness
WEEK 7 January 22	Floorball Fitness INSTRUCTION: Active games and relays, while working on Floorball skills!
WEEK 8 January 29	Mini Floorball Tournament INSTRUCTION: Students use their knowledge of floorball rules and learned skills in a fun round robin tournament
WEEK 9 February 5	Inclusion & Exclusion INSTRUCTION: Learning Empathy
WEEK 10 February 12	Rec & Read INSTRUCTION: Reading and literacy games with WJHA SJCI volunteers MEAL: PIZZA
Week 11 February 19	Move your body INSTRUCTION: Yoga/Stretching and a mini workout game
Week 12 February 26	Cool Down Crafts INSTRUCTION: Crafts and colouring in the classroom in a calm setting, teaching student's ways to calm down when upset or stressed.
WEEK 13 March 5	Fairness & Hockey Rules INSTRUCTION: Understanding hockey rules and playing fair
WEEK 14 March 12	Outdoor Game – Camp Manitou PICK-UP: 2:30PM – 5:00 PM MEAL: PIZZA
Week 15 March 19	Goal Setting INSTRUCTION: Understanding what a goal is and how we can achieve it.
SPRING BREAK	
CELEBRATION DAY May	WJHA CELEBRATION DAY PICK-UP: 9:00 AM – 3:00 PM