



KINDERLINKS Indoors



Programming for Preschoolers & Their Parents | January–March 2023

204.669.4043 • kinderlinks@retsd.mb.ca • Supported by Child and Youth Services, Department of Families



All Kinder Links programs are offered at Bernie Wolfe School, 95 Bournais Dr., or Maple Leaf School, 251 McIvor Ave., unless otherwise stated. Registration is required for all classes.

Kinder Links programs provide young families—with children birth to age five—with the opportunity to play, learn, and connect with each other. These **FREE** parent-child programs feature fun, educational ways to explore literacy, numeracy, physical health and well-being, and creativity through art experiences, rhymes, stories, activities, and games. Kinder Links programs are an excellent way for young children to develop a lifelong passion for learning, develop their skills and self-confidence, and help prepare them for the adventure of school!

Baby Bumblebees

Best enjoyed by children birth to crawling

Introduce your baby to the joy of songs, rhymes, and finger plays! Sing along to your favourites while learning new lap songs, diapering songs, and lullabies that are sure to delight and stimulate your little one. Each week, parents will enjoy time to connect and chat with other new parents. Interesting parenting resources and tip sheets will be provided to participants.

Mondays, Jan. 23–March 13

9:45–10:45 a.m.
Maple Leaf School
Class cancelled Feb. 20

Tuesdays, Jan. 24–March 14

12:30–1:30 p.m.
Maple Leaf School

Wednesdays, Feb. 15–March 22

1–2 p.m.
Student Services
760 Kildare Ave. E.

I'm a Little Yogi

Best enjoyed by children ages 7 months to 5 years

I'm a Little Yogi is a fun-loving, supportive parent-child program designed to playfully teach yoga to young children. Children will learn interesting yoga poses, including crane, tree, and downward dog. *I'm a Little Yogi* builds the parent-child bond, and helps children feel happier and more confident while honouring their explorative and physical nature. Participants are asked to dress comfortably and bring their own yoga mat or blanket for the program.

NEW DAY

Saturdays, Jan. 21–March 4

Bernie Wolfe School
Class cancelled Feb. 11

TYKES CLASS

Ages 21 months to 5 years
10:30–11:15 a.m.

TOTS CLASS

Ages 7 to 20 months
11:30 a.m.–12:15 p.m.

Free Play Fridays

Best enjoyed by children ages 9 months to 5 years

With a focus on friendly conversations and free play with toys, participants are sure to have a fantastic time making new friends and having fun! Together, we will play to learn, and learn to play co-operatively, through songs, stories, creative art, and opportunities to use our imagination.

Fridays, Jan. 27–March 10

10–11:15 a.m.
Bernie Wolfe School
Class cancelled Feb. 3

Fridays, Jan. 27–March 10

10–11:15 a.m.
12:30–1:45 p.m.
Maple Leaf School
Class cancelled Feb. 3

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Hey Diddle Diddle

Best enjoyed by children ages 1 to 5 years

Traditional nursery rhymes and stories come alive at *Hey Diddle Diddle!* Get ready for rhyme favourites, including *Itsy-Bitsy Spider*, *Humpty Dumpty*, *Mary Had a Little Lamb*, and *Jack and Jill*, to name just a few. A variety of colourful puppet friends will join us as we play educational games and activities. Kids will really enjoy making nursery-rhyme-inspired crafts to take home.

Tuesdays, Jan. 24–March 14

10–11:15 a.m.

Bernie Wolfe School

Wednesdays, Jan. 25–March 15

10–11:15 a.m.

Maple Leaf School

NEW! Hop, Skip & Jump Into Play!

Best enjoyed by children ages 1 to 5 years

This exciting new program features active play in the school gym and free play in the Kinder Links classroom. Our time together will also include getting creative with Play-Doh, making the “craft of the day,” and a circle time filled with puppets, books, songs, and rhymes.

Saturdays, Jan. 21–March 11

10:30 a.m.–12 p.m.

Maple Leaf School

Class cancelled Feb. 11

Sundays, Jan. 22–March 12

10:30 a.m.–12 p.m.

Maple Leaf School

Mondays, Jan. 23–March 13

5–6:15 p.m.

Maple Leaf School

Class cancelled on Feb. 20

Thursdays, Jan. 26–March 16

10–11:15 a.m.

Bernie Wolfe School

Night Owls

Best enjoyed by children ages 1 to 5 years

Have a hoot playing games, singing songs, and listening to bedtime stories and lullabies at *Night Owls* this fall. Children will love playing with toys and visiting with our friend/puppet, Snowy the Owl, who flies in during our lively rhyme circle.

Wednesdays, Jan. 17–March 14

5–5:45 p.m.

Maple Leaf School

Cool Cats & Puppy Tales

Best enjoyed by children ages 18 months to 5 years

A purr-fect class for pet lovers, this program features engaging rhymes and finger plays, cat-inspired stretches, and high-energy games that will leave you wagging your tail with delight! Listen to playful stories of famous furry friends like *Pete the Cat* and *Clifford the Big Red Dog* to name just a couple.

Tuesdays, Jan. 24–March 14

5–5:45 p.m.

Bernie Wolfe School

Wednesdays, Jan. 25–March 15

12:30–1:45 p.m.

Maple Leaf School

Let It Snow

Best enjoyed by children ages 18 months to 5 years

From the warmth of our classroom, we'll celebrate the magic of winter with songs, rhymes, and stories about snow! During our time together, participants will learn cool facts about snowflakes, penguins, and polar bears, and even try a few experiments with snow. Cool winter-themed crafts are sure to be a highlight each class.

Mondays, Jan. 23–March 13

10–11:15 a.m.

Bernie Wolfe School

Class cancelled Feb. 20

Thursdays, Jan. 26–March 16

10–11:15 a.m.

Maple Leaf School

Leap Frogs

Best enjoyed by children ages 18 months to 5 years

Hop into our school gymnasium and enjoy this new in-motion program where parents/caregivers and children play and stay active together! *Leap Frogs* features easy stretches to nursery rhymes, co-operative group games, a high-energy circle, and time to play with the parachute. All participants are asked to bring indoor shoes to wear in the gym.

Tuesdays, Jan. 24–March 14

6:15–7 p.m.

Bernie Wolfe School





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NEW! Old MacDonald's Farmyard Friends

Best enjoyed by children ages 18 months to 5 years

Old MacDonald's farm is quite a busy place with cute barnyard friends wandering all over! On this imaginary field trip, we'll see colourful puppets, read books about animals and farm equipment, and play active games and activities! E-I-E-I, oh what fun we'll have in this farmyard program!

Tuesdays, Jan. 24–March 14

10–11:15 a.m.

Maple Leaf School

Wednesdays, Jan. 25–March 15

10–11:15 a.m.

Bernie Wolfe School

Oodles of Doodles

Best enjoyed by children ages 18 months to 5 years

Get ready for messy, creative fun at *Oodles of Doodles*! Each class, little artists will have the opportunity to make 2–3 crafts and collage activities using paint, chalk, markers, pom poms, and more. Our time together includes a parent-child circle time featuring favourite songs and rhymes, group stories, and book sharing.

Thursdays, March 2–23

12:30–1:45 p.m.

Maple Leaf School

Stars & Spaceships

Best enjoyed by children ages 18 months to 5 years

Zoom, zoom, zoom—we're going to the moon! Climb aboard a spaceship as we embark on a spectacular adventure to outer space. Through songs, stories, and space-themed games and activities, young astronauts will learn about twinkly stars, the Milky Way, and planets. At the end of each class mission, facilitators will share ideas for creating galaxy-inspired art to make at home.

Mondays, Jan. 23–March 13

6:15–7 p.m.

Maple Leaf School

Class cancelled Feb. 20



Whale Tales

Best enjoyed by children ages 18 months to 5 years

Journey under the sea for an adventure where we will play, learn, and laugh. Together, we'll dive into fantastic books, games, and math activities celebrating our friends who live in the deep blue sea. Enjoy participating in a seaside serenade and make an underwater craft to take home.

Mondays, Jan. 23–March 13

11 a.m.–12:15 p.m.

Maple Leaf School

Class cancelled Feb. 20

Thursdays, Jan. 26–March 9

5:45–6:45 p.m.

Maple Leaf School



Dancing Feet

Best enjoyed by children ages 2 to 5 years

Tap your toes and move those feet as trained dance instructor Miss Laura and the Kinder Links team teach us some groovy moves! Enjoy lively music and rhythms as you express yourself creatively. As we dance and move, we'll explore shapes, colours, numbers, and animals. Wear comfy clothes and bring indoor shoes for this free dance program.

Saturdays, Jan. 21–March 11

9:30–10:15 a.m.

Bernie Wolfe School

Class cancelled Feb. 11

Saturdays, Jan. 21–March 11

12:30–1:15 p.m.

Maple Leaf School

Class cancelled Feb. 11

Painter's Playhouse

Best enjoyed by children ages 2 to 5 years

Create some beautiful painted masterpieces! Using fingers and feet, paintbrushes, and interesting household items to create unique art, young artists will explore different textures and rich colours in their painting projects. This program features a circle time filled with rhymes, stories, colours and shapes, and interactive games.

Sundays, Jan. 22–Feb. 19

9:30–10:45 a.m.

Maple Leaf School

Wednesdays, Jan. 25–March 15

6:15–7 p.m.

Maple Leaf School



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KINDER LINKS INDOORS— SPECIAL EVENT

Sweethearts Valentine's Day Party

Feel the LOVE at the Kinder Links INDOORS Valentine's Day party! Stroll from station to station to enjoy sweet songs, stories, art experiences, and games celebrating hearts and hugs, and the adventures of your favourite storybook characters. Enjoy playing on an inflatable bouncer! Remember to wear red, pink, or purple to this Valentine's Day celebration.

Saturday, Feb. 11

10:30 a.m.–12 p.m.

Maple Leaf School

Adventure at The Play Pen

Due to The Play Pen's capacity regulations, all participants ages 6 months and up must be registered to attend this program.

Join the Kinder Links team as we take a field trip to *The Play Pen* for an active day of fun! This special event includes a high energy circle time with favourite songs and stories followed by active play in an indoor soft play gym. Enjoy playing in a ball pit, building with blocks, crawling through tunnels and climbing a play structure geared towards young children.

Saturday, March 18

8:30–10 a.m.

10–11:30 a.m.

11:30 a.m.–1 p.m.

1–2:30 p.m.

The Play Pen

1042 Henderson Hwy.

PARENTING SUPPORT

Raising Healthy Eaters Workshop

Childminding is provided. All children requiring care must be registered in advance.

This informative workshop, developed by WRHA public health registered dietitians, will provide parents/caregivers with effective strategies to encourage their children to become competent eaters and develop good feelings about food and eating. Participants will learn about Ellyn Satter's "Division of Responsibility in Feeding" between the parent and the child. Transform family meals into a more joyful experience, free from drama and conflict.

Saturday, Jan. 14

2–3:30 p.m.

Maple Leaf School

Wednesday, Jan. 18

1–2:30 p.m.

Maple Leaf School

VIRTUAL Nobody's Perfect for Fathers & Grandfathers

Meet virtually with other fathers and grandfathers, share questions, concerns, and ideas about being a parent, learn about child development, safety, health, and behaviour, discuss real-life parenting solutions, and discover positive ways of parenting.

Mondays, Jan. 23–Feb. 13

6:30–7:30 p.m.

IN-PERSON Nobody's Perfect

Childminding is provided. All children requiring care must be registered in advance.

Meet with other parents/caregivers of young children, share questions, concerns, and ideas about being a parent, learn about child development, safety, health, and behaviour, discuss real-life parenting solutions, and discover positive ways of parenting.

Thursdays, Jan. 19–Feb. 23

12:30–2 p.m.

Maple Leaf School

COUNTDOWN TO KINDERGARTEN

Starting kindergarten is a major milestone in your child's educational journey. As you are preparing for the first day of school, know that your child's school and teacher are preparing to meet both you and your child.

In River East Transcona School Division, we strive to make our classrooms safe, caring places of learning, where students feel included, respected, secure, and valued.

Your child will grow as a learner through activities that encourage inquiry, discovery, imagination, creativity, and problem-solving.

Our staff recognizes that you are your child's first teacher, and we look forward to collaborating with you to make kindergarten both a time for learning and a time for joy.

Registering for Kindergarten

Registration begins on Monday, March 1, 2023.

At your appointment, please provide proof of age documentation for your child (e.g., birth certificate, baptismal certificate, passport, Manitoba Health Card, INAC status card, birth registration signed by the director of Vital Statistics). You will also be asked for two pieces of identification for proof of residency (e.g., driver's licence, Manitoba Health Card, tenancy agreement, offer to purchase documents, utility bill).

For your convenience, registration forms can be found at www.retsd.mb.ca > Schools > (click on designated school your child will attend) > Documents & Forms > Registration.

Information on our **FREE** Countdown to Kindergarten programs will be available in late spring. For updates on these programs, join the Kinder Links mailing list by contacting us at kinderlinks@retsd.mb.ca or 204.669.4043.



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Registration is required for all Kinder Links INDOORS classes.

To register, complete the online form <https://forms.office.com/r/hWcE12KDP1>, send an email to kinderlinks@retsd.mb.ca or leave a message at 204.669.4043. When registering, please provide the following information:

- Parent/caregiver name
- Names and ages of all children to attend the program
- Home/cellphone number
- Home address
- Email address where you wish to be contacted
- Program(s) you wish to register for (name of program, date, and time)

KINDER LINKS PEN PALS

Introduce your child—ages three to five—to the joys of reading and writing through RETSD's Kinder Links Pen Pals program.

Our team of Kinder Links facilitators is looking forward to connecting with preschool families this year. As a Kinder Links Pen Pal, your child will receive a special package in the mail featuring a short letter, notes, songs, rhymes, a joke, stickers, and a seasonal activity to try.

The best part of being a pen pal is writing back! We can hardly wait to start receiving letters and drawings from your child(ren). For every letter sent to the Kinder Links office, we'll reply with a special package filled with fun activities for your child.

This is an excellent way to get your child excited about literacy while having fun practising their printing, drawing, and numeracy skills.

Submissions can be mailed to:

Kelly Martino
Kinder Links Office
Maple Leaf School
251 McIvor Ave.
Winnipeg, MB R2G 0Z7



FREE BABY GIFT FOR NEW PARENTS

Did you just have a baby? River East Transcona School Division and the Early Childhood Matters Parent Child Coalitions in River East and Transcona would like to help you celebrate this wonderful event. We have a book, *I Love It When You*, which we'd love to give to you to keep and enjoy. To receive your **FREE** book, contact us at kmartino@retsd.mb.ca or 204.669.4043. Please leave us your mailing address, child's name, and date of birth.

KINDER LINKS ADVISORY GROUP

Are you interested in sharing your ideas to help shape Kinder Links parent-child programming? We are recruiting new members for our Kinder Links advisory group, which meets virtually to discuss and provide feedback on our free early learning programs. Contact Kinder Links at kinderlinks@retsd.mb.ca or 204.669.4043 for more information.

THE EARLY LEARNING TEAM

We are pleased to provide early learning and family support to families living in River East Transcona. Feel free to contact us if you have questions about our preschool initiatives.

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