



KINDERLINKS Indoors



Programming for Preschoolers & Their Parents | September to December 2022

204.669.4043 • kinderlinks@retsd.mb.ca • Supported by Child and Youth Services, Department of Families



All Kinder Links programs are offered at Joseph Teres School, 131 Sanford Fleming Rd. or Maple Leaf School, 251 McIvor Ave.

Kinder Links programs provide young families—with children birth to age five—with the opportunity to play, learn, and connect with each other. These **FREE** parent-child programs feature fun, educational ways to explore literacy, numeracy, physical health and well-being, and creativity through art experiences, rhymes, stories, activities, and games. Kinder Links programs are an excellent way for young children to develop a lifelong passion for learning, develop their skills and self-confidence, and help prepare them for the adventure of school!

Baby Bumblebees

Best enjoyed by children birth to crawling

Introduce your baby to the joy of songs, rhymes, and finger plays! Sing along to your favourites while learning new lap songs, diapering songs, and lullabies that are sure to delight and stimulate your little one. Each week, parents will enjoy time to connect and chat with other new parents. Interesting parenting resources and tip sheets will be provided to participants.

Tuesdays, Oct. 11–Nov. 22

12:30–1:30 p.m.

Maple Leaf School

Wednesdays, Oct. 12–Nov. 23

1–2 p.m.

Joseph Teres School

Thursdays, Oct. 6–Nov. 24

9:30–10:30 a.m.

Joseph Teres School

I'm a Little Yogi

Best enjoyed by children ages 7 months to 5 years

I'm a Little Yogi is a fun-loving, supportive parent-child program designed to playfully teach yoga to young children. Children will learn interesting yoga poses, including crane, tree, and downward dog. *I'm a Little Yogi* builds the parent-child bond and helps children feel happier and more confident while honouring their explorative and physical nature. Participants are asked to dress comfortably and bring their own yoga mat/blanket and water bottle for the program.

TOTS CLASS (7–21 months)

Sundays, Sept. 18– Oct. 23

10:15–11 a.m.

Joseph Teres School

Class cancelled Oct. 9

TYKES CLASS (21 months–5 years)

Sundays, Sept. 18– Oct. 23

9–9:45 a.m.

Joseph Teres School

Class cancelled Oct. 9

Free Play Fridays

Best enjoyed by children ages 9 months to 5 years

With a focus on friendly conversations and free play with toys, participants are sure to have a fantastic time making new friends and having fun! Together we will play to learn and learn to play co-operatively through songs, stories, creative art, and opportunities to use our imagination.

Fridays, Oct. 7–Dec. 2

9:15–10:30 a.m.

11 a.m.–12:15 p.m.

1–2:15 p.m.

Joseph Teres School

Class cancelled Oct. 21, Nov. 11 & 25

Fridays, Oct. 7–Dec. 2

10–11:15 a.m.

12:30–1:45 p.m.

Maple Leaf School

Class cancelled Oct. 21, Nov. 11 & 25

Your River East Transcona School Division Trustees

Ward 1

Colleen Carswell (vice-chair)
204.222.1486

ccarswell@retsd.mb.ca

Jerry Sodomlak (chair)
204.999.1409

jsodomlak@retsd.mb.ca

Ward 2

Rod Giesbrecht
204.661.5984

rgiesbrecht@retsd.mb.ca

John Toews
204.663.0475

jtoews@retsd.mb.ca

Ward 3

Brianne Goertzen
204.955.6782

bgoertzen@retsd.mb.ca

Keith Morrison
204.795.3357

kmorrison@retsd.mb.ca

Ward 4

Peter Kotyk
204.668.4181

pkoty@retsd.mb.ca

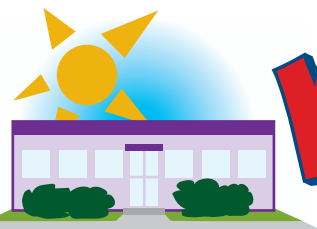
Susan Olynik
204.661.6440

solynik@retsd.mb.ca

Ward 5

Currently Vacant

For more information about the board of trustees, visit: www.retsd.mb.ca > Your RETSD > Board of Trustees



KINDERLINKS Indoors



Programming for Preschoolers & Their Parents | September to December 2022

204.669.4043 • kinderlinks@retsd.mb.ca • Supported by Child and Youth Services, Department of Families

Once Upon a Rhyme

Best enjoyed by children ages 1 to 3 years

Busy toddlers are sure to have a great time at *Once Upon a Rhyme*! This fast-paced program features favourite movement-based activities, songs, and felt-board fun. Young participants will also meet colourful puppets who will make story time even more interesting! Each class features the chance to play, build, and make artwork.

Tuesdays, Oct. 4–Nov. 22

9:15–10:30 a.m.

11 a.m.–12:15 p.m.

Joseph Teres School

Thursdays, Oct. 6–Nov. 24

10–11:15 a.m.

Maple Leaf School

Night Owls

Best enjoyed by children ages 1 to 5 years

Have a hoot playing games, singing songs, and listening to bedtime stories and lullabies at *Night Owls* this fall. Children will love playing with toys and visiting with our friend/puppet, Snowy the Owl, who flies in during our lively rhyme circle.

Mondays, Oct. 17–Nov. 28

6:15–7 p.m.

Maple Leaf School

Class cancelled Oct. 31

Wednesdays, Oct. 5–Nov. 23

6:15–7 p.m.

Maple Leaf School

Weekend Wee Play

Best enjoyed by children ages 1 to 5 years

Let's shake out those wiggles and share some giggles as we play, learn, and enjoy each other's company. This relaxed weekend program features circle time, stories, crafting, and active games where we will move and explore!

Saturdays, Oct. 1–Nov. 19

11 a.m.–12:15 p.m.

Joseph Teres School

Saturdays, Oct. 1–Nov. 19

9–10:15 a.m.

Maple Leaf School

Follow the Leafer

Best enjoyed by children ages 18 months to 5 years

Together, we'll explore the beautiful sights, sounds, and animals of autumn through interactive stories and poems. Young participants will enjoy expressing their creativity with fall-inspired crafts and learning new songs about colourful leaves. This parent-child program features both indoor and outdoor play, weather permitting. Please remember to dress comfortably to play outside.

Saturdays, Oct. 1–Nov. 19

11 a.m.–12:15 p.m.

Maple Leaf School

Leap Frogs

Best enjoyed by children ages 18 months to 5 years

Hop into our school gymnasium and enjoy this new in-motion program where parents/caregivers and children play and stay active together! *Leap Frogs* features easy stretches to nursery rhymes, co-operative group games, a high-energy circle, and time to play with the parachute. All participants are asked to bring indoor shoes to wear in the gym.

Tuesdays, Oct. 4–Nov. 22

6:15–7 p.m.

Joseph Teres School

Thursdays, Oct. 6–Nov. 24

5–5:45 p.m.

6:15–7 p.m.

Joseph Teres School

Sundays, Sept. 25–Nov. 20

11 a.m.–12 p.m.

Joseph Teres School

Class cancelled Oct. 9

Oodles of Doodles

Best enjoyed by children ages 18 months to 5 years

Get ready for messy, creative fun at *Oodles of Doodles*! Each class, little artists will have the opportunity to make 2–3 crafts and collage activities using paint, chalk, markers, pom poms, and more! Our time together includes a parent-child circle time featuring favourite songs and rhymes, group stories, and book sharing.



Mondays, Oct. 17–Nov. 28

5–5:45 p.m.

Maple Leaf School

Class cancelled Oct. 31

Tuesdays, Oct. 4–Nov. 22

5–5:45 p.m.

Joseph Teres School

Shake, Rattle & Rhyme

Best enjoyed by children ages 18 months to 5 years

We've got the beat! During this musically-themed class, participants will play a variety of instruments, like maracas, cymbals, drums, and tambourines. Imagine how much fun we'll have singing, dancing, and getting active using colourful scarves and ribbons!

Mondays, Oct. 17–Nov. 28

9:15–10:30 a.m.

11 a.m.–12:15 p.m.

Joseph Teres School

Wednesdays, Oct. 5–Nov. 23

5–5:45 p.m.

Maple Leaf School

Thursdays, Oct. 6–Nov. 24

10–11:15 a.m.

Maple Leaf School



KINDERLINKS Indoors

Programming for Preschoolers & Their Parents | September to December 2022

204.669.4043 • kinderlinks@retsd.mb.ca • Supported by Child and Youth Services, Department of Families



1, 2, Buckle My Shoe

Best enjoyed by children ages 2 to 5 years

Count on having a great time at 1, 2, *Buckle My Shoe!* Families will enjoy songs and books focusing on counting and early math. Classes feature easy ways for children to incorporate counting into their lives, exploring numbers through crafts, educational games, and activities.

Mondays, Oct. 17–Nov. 28

1–2:15 p.m.

Joseph Teres School

Thursdays, Oct. 6–Nov. 24

12:30–1:45 p.m.

Maple Leaf School

Dancing Feet

Best enjoyed by children ages 2 to 5 years

Tap your toes and move those feet as trained dance instructor Miss Laura and the Kinder Links team teaches us some groovy moves! Enjoy lively music and rhythms as you express yourself creatively. As we dance and move, we'll explore shapes, colours, numbers, and animals. Wear comfy clothes and bring indoor shoes and a water bottle for this free dance program!

Saturdays, Oct. 1–Nov. 19

9–9:30 a.m.

10–10:30 a.m.

Joseph Teres School



Diggin' with the Dinos

Best enjoyed by children ages 2 to 5 years

Be prepared to have a “ROARing” good time as we bravely explore the world of dinosaurs both large and small. On this journey, participants will learn about the T-Rex, Stegosaurus, and other interesting dinosaur friends through songs, books, puzzles, active games, and creative art experiences.

Mondays, Oct. 17–Nov. 28

10–11:15 a.m.

Maple Leaf School

Wednesdays, Oct. 5–Nov. 23

9:15–10:30 a.m.

11 a.m.–12:15 p.m.

Joseph Teres School

Painter's Playhouse

Best enjoyed by children ages 2 to 5 years

Create some beautiful painted masterpieces! Using fingers and feet, paintbrushes, and interesting household items to create unique art, young artists will explore different textures and rich colours in their painting projects. The program features a circle time filled with rhymes, stories, colours and shapes, and interactive games.

Mondays, Oct. 17–Nov. 28

12:30–1:45 p.m.

Maple Leaf School

Thursdays, Oct. 6–Nov. 24

11 a.m.–12:15 p.m.

Joseph Teres School

Wheels on the Bus

Best enjoyed by children ages 2 to 5 years

Drivers, start your engines and join us for a fast-paced, action-packed literacy program! Together, we'll explore the world of cars, trucks, buses, and construction vehicles with songs, stories, and interactive games. Before the checkered flag signals the end of class, participants will enjoy a creative art experience with a transportation theme.

Tuesdays, Oct. 4–Nov. 22

10–11:15 a.m.

Maple Leaf School

Thursdays, Oct. 6–Nov. 24

1–2:15 p.m.

Joseph Teres School

KINDER LINKS INDOORS— SPECIAL EVENT

Halloween Trick-or-Treat Party

Best enjoyed by children ages 1 to 5 years

Grab your favourite costume and join the Kinder Links team for **FREE** Halloween fun! Little trick-or-treaters and their families will stroll from station to station to learn songs about pumpkins and spiders, listen to stories of Halloween adventures, create special artwork, and get active. At each station, there will be a Halloween surprise!

Sunday, Oct 30

9:30–10:30 a.m.

Joseph Teres School



KINDERLINKS Indoors

Programming for Preschoolers & Their Parents | September to December 2022

204.669.4043 • kinderlinks@retsd.mb.ca • Supported by Child and Youth Services, Department of Families

Registration for Kinder Links programming begins immediately by email at kinderlinks@retsd.mb.ca or leave a message at 204.669.4043. When registering, please provide the following information:

- Parent/caregiver name
- Names and ages of all children to attend the program
- Home/cellphone number
- Home address
- Email address where you wish to be contacted
- Program(s) you wish to register for (name of program, date, and time)

KINDER LINKS PEN PALS

Introduce your child—ages three to five—to the joys of reading and writing through RETSD's *Kinder Links Pen Pals* program. Our team of Kinder Links facilitators is looking forward to connecting with preschool families this year. As a Kinder Links Pen Pal, your child will receive a special package in the mail featuring a short letter, notes, songs/rhymes, a joke, stickers, and a seasonal activity to try.

The best part of being a pen pal is writing back! We can hardly wait to start receiving letters/drawings from your child(ren). For every letter sent to the Kinder Links office, we'll reply with a special package filled with fun activities for your child. This is an excellent way to get your child excited about literacy while having fun practising their printing, drawing, and numeracy skills.

Submissions can be mailed to:

Kelly Martino
Kinder Links Office
Joseph Teres School
131 Sanford Fleming Rd.
Winnipeg, MB R2C 5B8



FREE BABY GIFT FOR NEW PARENTS

Did you just have a baby? River East Transcona School Division and the Early Childhood Matters Parent Child Coalitions in River East and Transcona would like to help you celebrate this wonderful event. We have a book, *I Love It When You*, which we'd love to give to you to keep and enjoy.

To receive your **FREE** book, contact us at kmartino@retsd.mb.ca or 204.669.4043. Please leave us your mailing address, child's name, and date of birth.

KINDER LINKS ADVISORY GROUP

Are you interested in sharing your ideas to help shape Kinder Links parent-child programming? We are recruiting new members for our Kinder Links advisory group, which meets virtually to discuss and provide feedback on our free early learning programs. Contact Kinder Links at kinderlinks@retsd.mb.ca or 204.669.4043 for more information.

THE EARLY LEARNING TEAM

We are pleased to provide early learning and family support to families living in River East Transcona. Feel free to contact us should you have questions regarding our preschool initiatives.

Jason Drysdale

Assistant Superintendent of Schools
204.667.7130, ext. 2233
jdrysdale@retsd.mb.ca

Kim Campbell

Manager of Community Initiatives
204.669.9412, ext. 2941
kcampbell@retsd.mb.ca

Kelly Martino

Community Programming Co-ordinator—Preschool
204.669.4043
kmartino@retsd.mb.ca