



KINDERLINKS Indoors



Programming for Preschoolers & Their Parents | March to April 2022

204.669.4043 • kinderlinks@retsd.mb.ca • Supported by Child and Youth Services, Department of Families



KINDER LINKS INDOORS

All programs are offered at Joseph Teres School, 131 Sanford Fleming Rd.

Kinder Links programs provide young families—with children birth to age five—with the opportunity to play, learn, and connect with each other. These **FREE** parent-child programs feature fun, educational ways to explore literacy, numeracy, physical health and well-being, and creativity through art experiences, rhymes, stories, activities, and games. Kinder Links programs are an excellent way for young children to develop a lifelong passion for learning, develop their skills and self-confidence, and help prepare them for the adventure of school!

FEATURE-LENGTH PROGRAMS*

*Kinder Links program registration is limited to two feature-length daytime programs plus two evening/weekend per family. Participants may, however, add their names to waiting lists and will be contacted to join extra classes as space permits.

Baby Rhyme Time

Best enjoyed by children birth to crawling

Introduce your baby to the joy of songs, rhymes, and finger plays! Sing along to your favourites while learning new lap songs, diapering songs, and lullabies that are sure to delight and stimulate your little one. Each week, parents will enjoy time to connect and chat with other new parents. Interesting parenting resources and tip sheets will be provided to participants.

Mondays, April 4–25

1–1:45 p.m.

2–2:45 p.m.

Class cancelled March 28

I'm a Little Yogi

Best enjoyed by children ages 7 months to 5

I'm a Little Yogi is a fun-loving, supportive parent-child program designed to playfully teach yoga to young children. Children will learn interesting yoga poses, including crane, tree, and downward dog. *I'm a Little Yogi* builds the parent-child bond, and helps children feel happier and more confident while honouring their explorative and physical nature. Participants are asked to dress comfortably and bring their own



yoga mat/blanket and water bottle for the program.

TOTS CLASS (7–21 months)

Sundays, March 6–April 24

10:45–11:30 a.m.

Class cancelled March 27 & April 17

TYKES CLASS (21 months–5 years)

Sundays, March 6–April 24

9:30–10:15 a.m.

Class cancelled March 27 & April 17

The More We Get Together

Best enjoyed by children ages 1 to 3 ½

The more we get together, the happier we'll be! Songs, stories, games, art experiences, and great conversation will be sure to put a big smile on your face. Get ready to clap, dance, march, and hop along to high-energy favourite songs, and bring an item each week to "show and share" with your Kinder Links friends.

Wednesdays, March 16–April 27

9:30–10:15 a.m.

10:45–11:30 a.m.

Class cancelled March 30

Your River East Transcona School Division Trustees

Ward 1

Colleen Carswell (vice-chair)

204.222.1486

ccarswell@retsd.mb.ca

Jerry Sodomlak (chair)

204.999.1409

jsodomlak@retsd.mb.ca

Ward 2

Rod Giesbrecht

204.661.5984

rgiesbrecht@retsd.mb.ca

John Toews

204.663.0475

jtoews@retsd.mb.ca

Ward 3

Brianne Goertzen

204.955.6782

bgoertzen@retsd.mb.ca

Keith Morrison

204.795.3357

kmorrison@retsd.mb.ca

Ward 4

Peter Kotyk

204.668.4181

pkoty@retsd.mb.ca

Susan Olynik

204.661.6440

solynik@retsd.mb.ca

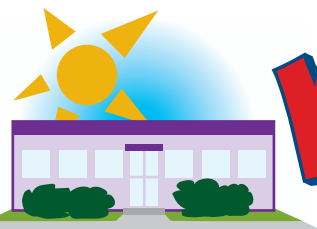
Ward 5

Currently Vacant

For more information about the board of trustees, visit: www.retsd.mb.ca/BoardofTrustees

This publication is available in alternative formats upon request. • www.retsd.mb.ca

589 Roch St., Winnipeg, MB, R2K 2P7 | Tel: 204.667.7130 | Fax: 204.661.5618



KINDERLINKS Indoors

Programming for Preschoolers & Their Parents | March to April 2022

204.669.4043 • kinderlinks@retsd.mb.ca • Supported by Child and Youth Services, Department of Families



Hey Diddle Diddle

Best enjoyed by children ages 18 months to 5

Traditional nursery rhymes and stories come alive at *Hey Diddle Diddle*! Get ready for rhyme favourites, including the Itsy-Bitsy Spider, Humpty Dumpty, Mary Had a Little Lamb, and Jack and Jill, to name just a few! A variety of colourful puppet friends will join us as we play educational games and activities. Kids will really enjoy making nursery-rhyme-inspired crafts to take home.

Thursdays, March 17–April 28

9:30–10:15 a.m.

10:45–11:30 a.m.

Class cancelled March 31

Leap Frogs

Best enjoyed by children ages 18 months to 5

Hop into our school gymnasium and enjoy this new in-motion program where parents/caregivers and children play and stay active together! *Leap Frogs* features easy stretches to nursery rhymes, co-operative group games, a high-energy circle, and story time. Participants are asked to bring a small scarf/ribbon/tea towel to wave during our active songs, indoor shoes to wear in the gym, and a water bottle each week.

Tuesdays, March 1–April 26

5–5:45 p.m.

6:15–7 p.m.

Class cancelled March 29

Thursdays, March 3–April 28

5–5:45 p.m.

6:15–7 p.m.

Class cancelled March 31

Sundays, March 6–April 24

10:45–11:30 a.m.

Class cancelled March 27 & April 17



Shake, Rattle & Rhyme

Best enjoyed by children ages 18 months to 5

We've got the beat! During this musically themed program, participants will play a variety of instruments, like maracas, cymbals, drums, and tambourines. Imagine how much fun we'll have singing, dancing, and getting active using colourful scarves and ribbons. Each class, children and their parents/caregivers will enjoy hearing stories and making crafts.

Tuesdays, March 15–April 26

1–1:45 p.m.

Class cancelled March 29

Wednesdays, March 2–April 27

5–5:45 p.m.

6:15–7 p.m.

Class cancelled March 30

Thursdays, March 17–April 28

1–1:45 p.m.

Class cancelled March 31

Dancing Feet

Best enjoyed by children ages 2 to 5

Tap your toes and move those feet as trained dance instructor Miss Laura teaches us some groovy moves! Enjoy lively music and rhythms as you express yourself creatively. As we dance and move together, we'll explore shapes, colours, numbers, and animals. Wear comfy clothes and bring indoor shoes and a water bottle for this free gym program!

Saturdays, March 5–April 23

12:30–1 p.m.

Class cancelled March 26

Diggin' with the Dinosaurs

Best enjoyed by children ages 2 to 5

Be prepared to have a "ROARing" good time as we bravely explore the world of dinosaurs both large and small. On this journey, participants will learn about the T-Rex, Stegosaurus, and other interesting dinosaur friends through songs, books, puzzles, active games, and creative art experiences.

Mondays, March 7–April 25

5–5:45 p.m.

6:15–7 p.m.

Class cancelled March 28

Wednesdays, March 16–April 27

1–1:45 p.m.

Class cancelled March 30

Let It Shine

Best enjoyed by children ages 2 to 5

After a cold and snowy winter, we can hardly wait to celebrate the beauty and magic of spring! This indoor class features interesting songs/rhymes about birds, butterflies, flowers, and frogs. We'll read stories about the great outdoors and get active with movement games and dancing. Spring-themed crafts are sure to be a highlight each class.

Mondays, April 4–25

9:30–10:15 a.m.

10:45–11:30 a.m.

Oodles of Doodles

Best enjoyed by children ages 2 to 5

Get ready for messy, creative fun at *Oodles of Doodles*! Each class, little artists will have the opportunity to make 2–3 crafts and collage activities using paint, chalk, markers, pom poms, and more! Our time together includes a parent-child circle time featuring favourite songs and rhymes, group stories, and lively conversation.

Fridays, March 18–April 29

1–1:45 p.m.

2–2:45 p.m.

Class cancelled April 1 & 15



KINDERLINKS Indoors

Programming for Preschoolers & Their Parents | March to April 2022

204.669.4043 • kinderlinks@retsd.mb.ca • Supported by Child and Youth Services, Department of Families



Weekend Wee Play

Best enjoyed by children ages 18 months to 5

Let's shake out those wiggles and share some giggles as we play, learn and enjoy each other's company. This Sunday morning program features circle time, stories, crafting and active games where we will move and explore in the school gym! Wear comfy clothes and bring indoor shoes and a water bottle for this free gym program!

Sundays, March 6–April 24

9:30–10:15 a.m.

Class cancelled March 27 & April 17

Wheels on the Bus

Best enjoyed by children ages 2 to 5

Drivers, start your engines and join us for a fast-paced, action-packed literacy program! Together, we'll explore the world of cars, trucks, buses, and construction vehicles with songs, stories, and interactive games. Before the checkered flag signals the end of class, participants will enjoy a creative art experience with a transportation theme.

Tuesdays, March 15–April 26

9:30–10:15 a.m.

10:45–11:30 a.m.

Class cancelled March 29

Saturdays, March 5–April 23

12:30–1:15 p.m.

Class cancelled March 26

Whale Tales

Best enjoyed by children ages 2 to 5

Journey under the sea for an adventure where we will play, learn, and laugh.

Together, we'll dive into fantastic books, games, and math activities celebrating our friends who live in the deep blue sea. Enjoy participating in a seaside serenade and make an underwater craft to take home.

Fridays, March 18–April 29

9:30–10:15 a.m.

10:45–11:30 a.m.

Class cancelled April 1 & 15

Saturdays, March 5–April 23

9:30–10:15 a.m.

10:45–11:30 a.m.

Class cancelled March 26

In accordance with current provincial public health orders:

- Prior to attending Kinder Links programs, use the Manitoba Health COVID-19 Screening Tool at: <https://bit.ly/3yNkAYJ>
- Participants are kindly asked not to attend if any member of their party is feeling sick.

Registration for Kinder Links programming begins immediately by email at kinderlinks@retsd.mb.ca or leave a message at 204.669.4043.

When registering, please provide the following information:

- Parent/caregiver name
- Names and ages of all children to attend the program
- Home address
- Home/cellphone number
- Email address where you wish to be contacted
- Program(s) you wish to register for (name of program, date, location, and time)

**Kinder Links program registration is limited to two feature-length daytime programs plus two evening/weekend per family. Participants may, however, add their names to waiting lists and will be contacted to join extra classes as space permits.*



COUNTDOWN TO KINDERGARTEN

Starting kindergarten is a major milestone in your child's educational journey. As you are preparing for the first day of school, know that your child's school and teacher are preparing to meet both you and your child. In River East Transcona School Division, we strive to make our classrooms safe, caring places of learning, where students feel included, respected, secure, and valued. Your child will grow as a learner through activities that encourage inquiry, discovery, imagination, creativity, and problem-solving. Our staff recognizes that you are your child's first teacher and we look forward to collaborating with you to make kindergarten both a time for learning and a time for joy.

Registering for Kindergarten

Registration begins on March 7, 2022. Due to COVID-19, it will be done by appointment only. Contact your child's school to schedule your appointment from March 7 onward.

At your appointment, please provide proof of age documentation for your child (e.g. birth certificate, baptismal certificate, passport, Manitoba Health Card, INAC status card, birth registration signed by the director of Vital Statistics). You will also be asked for two pieces of identification for proof of residency (e.g. driver's licence, Manitoba Health Card, tenancy agreement, offer to purchase documents, utility bill). For your convenience, registration forms can be found at www.retsd.mb.ca > Schools > (click on designated school your child will attend) > Documents & Forms > Registration.

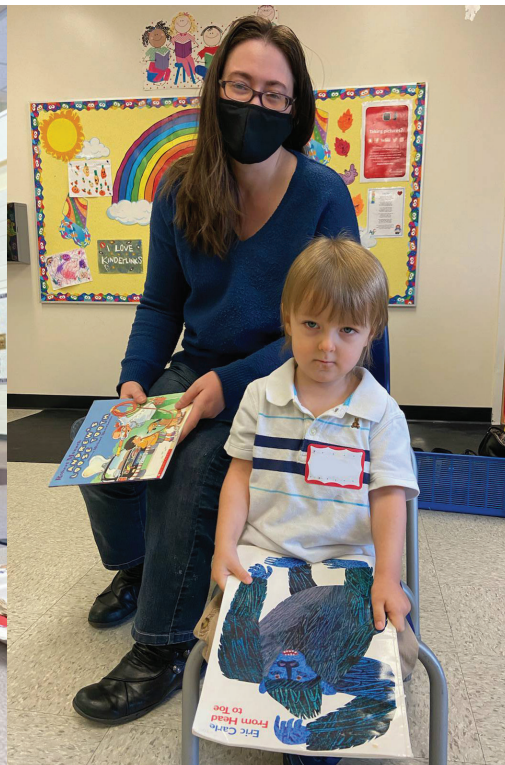
Information on RETSD's **FREE** Countdown to Kindergarten programs will be available in late spring. For updates on these programs, join the Kinder Links mailing list at kinderlinks@retsd.mb.ca or 204.669.4043.



KINDERLINKS Indoors

Programming for Preschoolers & Their Parents | March to April 2022

204.669.4043 • kinderlinks@retsd.mb.ca • Supported by Child and Youth Services, Department of Families



KINDER LINKS PEN PALS

Introduce your child—ages three to five—to the joys of reading and writing through RETSD's Kinder Links Pen Pals program. Our team of Kinder Links facilitators is looking forward to connecting with preschool families this year. As a Kinder Links Pen Pal, your child will receive a special package in the mail featuring a short letter, notes, songs/rhymes, a joke, stickers, and a seasonal activity to try.

The best part of being a pen pal is writing back! We can hardly wait to start receiving letters/drawings from your child(ren). For every letter sent to the Kinder Links office, we'll reply with a special package filled with fun activities for your child. This is an excellent way to get your child excited about literacy while having fun practising their printing, drawing, and numeracy skills.

Submissions can be mailed to:

Kelly Martino

Kinder Links Office
Joseph Teres School
131 Sanford Fleming Rd.
Winnipeg, MB R2C 5B8

FREE BABY GIFT FOR NEW PARENTS

Did you just have a baby? River East Transcona School Division and the Early Childhood Matters Parent Child Coalitions in River East and Transcona would like to help you celebrate this wonderful event. We have a book, *I Love It When You*, which we'd love to give to you to keep and enjoy. To receive your **FREE** book, contact us at kmartino@retsd.mb.ca or 204.669.4043. Please leave us your mailing address, child's name, and date of birth.

KINDER LINKS ADVISORY GROUP

Are you interested in sharing your ideas to help shape Kinder Links parent-child programming? We are recruiting new members for our Kinder Links advisory group, which meets virtually to discuss and provide feedback on our free early learning programs. Contact Kinder Links at kinderlinks@retsd.mb.ca or 204.669.4043 for more information.

THE EARLY LEARNING TEAM

We are pleased to provide early learning and family support to families living in River East Transcona. Feel free to contact us should you have questions regarding our preschool initiatives.

Jason Drysdale

Assistant Superintendent of Schools
204.667.7130, ext. 2233
jdrysdale@retsd.mb.ca

Kim Campbell

Manager of Community Initiatives
204.669.9412, ext. 2941
kcampbell@retsd.mb.ca

Kelly Martino

Community Programming Co-ordinator—Preschool
204.669.4043
kmartino@retsd.mb.ca