

Are you concerned about your teen's alcohol or drug use?

You are invited to a free presentation offered by the Addictions
Foundation of Manitoba.

WHEN: Tuesday April 26 & Thursday April 28, 2022
5:30 p.m. - 8:30 p.m.

(parents must be able to attend both nights, a light supper will be provided)

WHERE: Kildonan East Collegiate, 845 Concordia Avenue

WHO: Any parents/caregivers seeking information and support
regarding their young person's substance use and those who are
looking for alternate strategies to use to support their youth in
considering change.

The Parent Intervention Program offered by the Addictions Foundation of Manitoba is designed to provide information and support related to youth involvement with alcohol, other drugs, and gambling. A young person does not need to be involved with the AFM for their parents or caregivers to attend.

The purpose of the Parent Intervention Program is to:

- Introduce the AFM Youth Services philosophy in working with youth;
- Strengthen the understanding of how a youth's substance use affects everyone;
- Introduce parent response strategies that may assist and support youth in making healthier choices;
- Re-introduce principles of self-care to aid parents in maintaining health;
- Decrease isolation of parents/caregivers by providing information about available community supports and a network of mutual encouragement and support.

There is no charge to attend this program. To register for the Parent Intervention Program, please contact:

Alana Sigurdson at (204) 260-9921
asigurdson@retsd.mb.ca

or

Candy Burke (204) 260-9388
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Alana Sigurdson

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