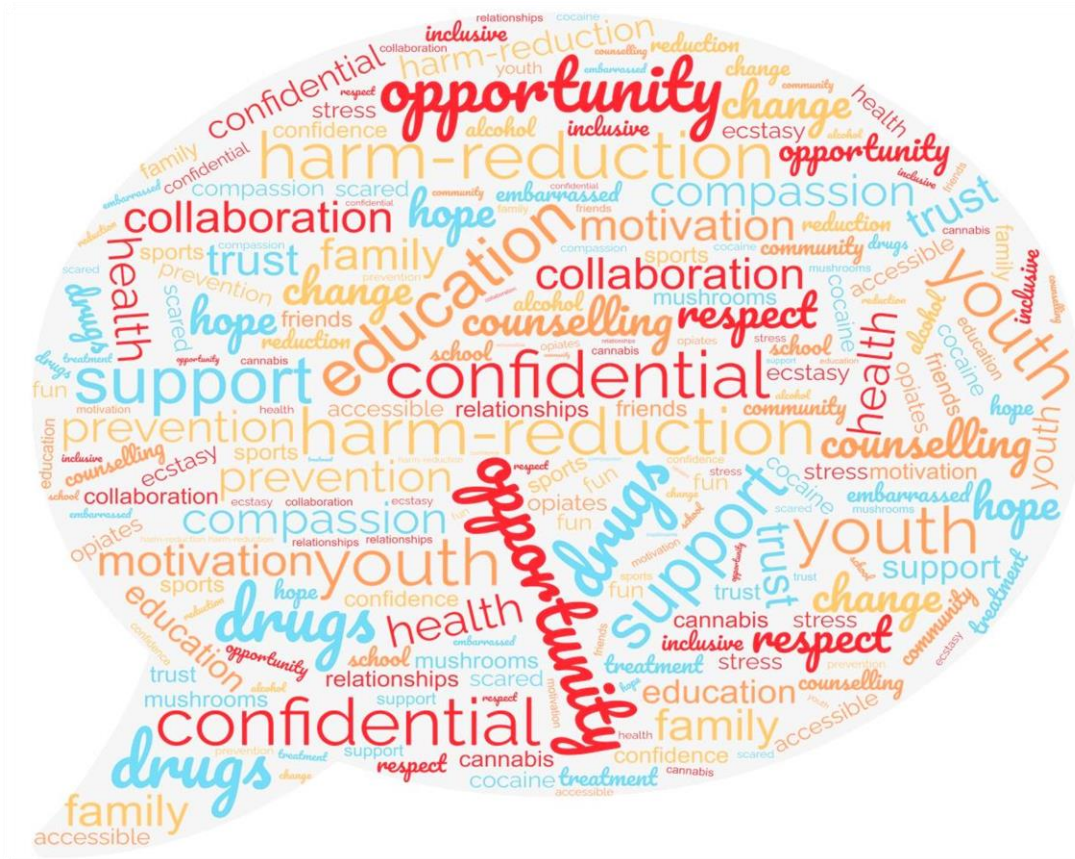




Every year, Manitoba Substance Use Awareness Week provides an opportunity for Manitobans from all walks of life to engage in meaningful discussions and explore solutions for addressing the harms caused by substance use and addictions. The theme for 2022 is *A Community of Caring*. Throughout the week a series of webinars and events will be held centered on this year's theme. Please see the options below and links for registration.

Manitoba Substance Use Awareness Week Virtual Kick off	Monday November 21 1:00-2:00 p.m.	Link to Register
Towards the Future: Harm Reduction Strategies for vulnerable youth who use drugs	Tuesday November 22 11:00- 12:00 a.m.	Link to Register
Peer to Peer Connections: The role of Peer Support in Recovery	Tuesday November 22 1:00-2:00 p.m.	Link to Register
How to talk with your Teen about Substance Use and Supports available	Tuesday November 22 6:30- 7:30 p.m.	Kildonan East Collegiate 845 Concordia Avenue In person, no registration required
The Nest Supportive Housing Recovery Project	Wednesday November 23 1:00-2:00 p.m.	Link to Register
How to talk with your Middle Years youth about Substance Use	Wednesday November 23 6:30-7:30 p.m.	Bernie Wolfe School 95 Bournais Drive In person, no registration required
Youth Substance Use: What you need to know and supports available to youth families and caregivers	Thursday November 24 11:00-12:00 a.m.	Link to Register
Artful Expressions in Recovery	Thursday November 24 1:00-2:00 p.m.	Link to Register
Including Family members in the Recovery Process	Friday November 25 1:00-2:00 p.m.	Link to Register

Substance Use Services offered in River East Transcona School Division



RETSD Substance Use Counsellors:

Candy Burke

Providing support to Kildonan East Collegiate, Transcona Collegiate, Murdoch MacKay Collegiate, College Pierre Elliot Trudeau and feeder middle schools.

(204) 260-9388

cburke@retsd.mb.ca

Alana Sigurdson

Providing support to College Miles Macdonell Collegiate, River East Collegiate, John G Stewart School and feeder middle schools.

(204) 260-9921

asigurdson@retsd.mb.ca

